Writing Measurable Annual Goals and Short-term Objectives/Benchmarks

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MARSE Rule Oct. 18, 2011

R340.1721e Individual Educational Program

(a) A statement of measurable annual goals, including measurable short-term objectives.

The Office of Special Education has identified that benchmarks can be written in place of short-term objectives.
“Measurable”

The target is written so there is evidence that the desired level of performance has been met.
Measurable goals......

- Must include concrete methods and criteria for assessing progress and achievement of outcomes.
- Allow for a calculation of how much progress is achieved.
Foundation of the Goal

- The foundation on which the IEP is developed is the Present Level of Academic Achievement and Functional Performance (PLAAFP).

- The PLAAFP must identify the impact of the student’s disability. The PLAAFP creates an effective implementation plan to leverage improved performance in academic and functional needs and the attainment of post secondary goals for student’s of transition age.

- A well written PLAAFP will identify baseline data upon which to write measurable goals related to the student’s needs and offer a starting point upon which to build instruction.
Foundation cont.

- The PLAAFP should identify how the student’s disability impacts progress in the general education curriculum, nonacademic activities, and extra curricular activities.

- The present level should begin by identifying the gaps between the child’s performance and the expected grade level performance on the Common Core State Standards (CCSS) or the Common Core Essential Elements (CCEE). This gap analysis will be the starting point for developing goals.

- The PLAAFP must identify progress on Early Childhood Standards of Quality for pre-K children.
Other Goal Considerations

- Objectives/benchmarks can be written to scaffold down to the grade level standards based on the student's functioning level. Remember the goal is to close the learning gap.

- For students with moderate to severe (sometimes mild) cognitive impairments, goals and objectives regarding functional skill needs should be addressed that may not be contained in the Essential Elements.

- Secondary transition considerations should be addressed on how the disability needs effect the student’s post-secondary vision.
Currently, if a student is taking the MEAP-Access, at least one goal for each academic area from the assessment, must be written based on grade level content standards for the grade in which the student is enrolled.
Recognizing A “SMART” Goal

- S = Specific
- M = Measurable
- A = Attainable
- R = Relevant
- T = Time-bound
A well written goal contains...

- The ending date for achieving the goal.
- What behavior the student will demonstrate.
- What level, degree, or condition the student will perform.
- How mastery will be evaluated.
- The potential for being attained in one year.

MDE Model:

By ____________, (the student) will _________________ when/at __________________________

date   skill/behavior   condition/criteria
__________________________
assessment/evaluation
SKILL/BEHAVIOR Examples

- Verbally label
- Verbally express
- Point to
- Look at
- Complete task
- Follow directions
- Choose/Select
- Read
- Remain in seat/area
- Answer questions
- Draw
- Request
- Locate/Find
- Cut/Copy/Paste/Color
- Put on/Take off
CONDITION/CRITERIA Examples

- Given a request
- During transition periods
- During social conversation
- During structured conversation
- During class discussion
- When reading a story
- When given 10 problems, questions...
- When shown a variety of/When given a choice
- When prompted (Identify and specify type #)
- When provided a visual schedule

- Prompts or cues: on teacher’s oral request...
- Structure: using a pre-printed graphic organizer
- Location: in hallways during passing time...
- Memory conditions: using a number chart ...
- Form of communication: using a “talk-box”...
- Content specific: In math class ...
CONDITION/CRITERIA cont.

- Trial based: *on 9 out of 10 trials*
- Production: *at least 9 sentences*
- Percentage: *with at least 75% accuracy*
- Change from baseline: *improve by at least 10%*
- Behavior change: *no more than 3 times a day*
- Across sessions: *on 9 consecutive attempts*
- Time based: *for at least 15 minutes at a time*
- Grade-level: *at the 4th grade level*
ASSESSMENT/EVALUATION Examples

- Teacher made tests
- End of unit test
- End of chapter test
- Graphing data
- Homework assignment
- In class work
- Student assignment
- Documented observation
- Observation & charting on predetermined checklist of expected behaviors
- Observation & charting on predetermined checklist of targeted responses
- Education achievement tests
- Portfolio of work completed related to specific objective
- Student’s daily work
- Rating scale
- Standardized tests
- Review of clinical logs
Remember, that goals...

- must relate directly to the needs from the Present Level of Academic Achievement and Functional Performance (PLAAFP).

- must identify a learning gain that is both challenging and reasonably achievable in one year, given the instruction and services he/she will receive.
DEVELOPMENT OF GOALS

- MDE guidance gives two options:
  - Option I is narrative approach
  - Option II is progress monitoring system approach

- Both options contain the same requirements, however, either short-term objectives or benchmarks are used for documentation.
NON-ACADEMIC EXAMPLE

- PLAAFP Excerpt: Steve does not have an appropriate way to let others know of his wants and needs. His teacher reports that he may point but then throws himself down on the floor to try and get what he desires. Steve needs to acquire functional communication skills.

- Annual Goal: By Dec. 2012, Steve will use functional communication skills for indicating wants and needs in two different settings, as measured by an observational log.
PLAAFP Excerpt: Casey needs to learn to ask for help when he does not understand a task. He currently will stop working, sit and wait for an adult to ask him if he needs assistance. He does not initiate asking on his own. Casey also asks questions that are off the topic of the lesson. He asks 5-7 off task questions per instructional hour as recorded on teacher logs.

Annual Goal: By Jan. 2012, using visual prompt cards, Casey will participate in class by raising his hand and asking topic-related questions 4 out of 5 times per observational occurrence, as measured by a teacher recorded log.
ACADEMIC EXAMPLE

- **PLAAFP Excerpt:** Mark currently reads 40 correct words per minute from the second grade level of DIBELS Next Oral Reading Fluency Passages. He needs to improve his reading fluency.

- **Annual Goal:** In 36 instructional weeks, Mark will read 90 correct words per minute, as measured by the 2nd grade DIBELS Next Oral Reading Fluency Passages progress monitoring data.
PLAAFP Excerpt: When given a written expression probe at grade level with one minute to plan and three minutes to write, Mary is writing 3 correct writing sequences requiring correct spelling, capitalization, and punctuation. Mary needs to improve her writing skills.

Annual Goal: In 36 instructional weeks, Mary will complete a story starter scored for correct spelling, punctuation, and capitalization with 12 correct writing sequences, as measured by 3 minute writing samples collected on progress monitoring dates.
DEVELOPING OBJECTIVES/BENCHMARKS

The MDE guidance gives two options to complete the following required elements:

1. Performance criteria – at what level and under what conditions will objective be achieved
2. Evaluation procedure – what method used to document performance
3. Evaluation schedule – the frequency of the evaluation procedure

Objectives/benchmarks are intermediate steps designed to achieve the annual goal.
Writing Goals and Objectives / Benchmarks

1. Write measurable goals with a number of separate but relevant measurable objectives.

2. Write measurable goals with a number of time-limited benchmarks for the goals.

Objectives/benchmarks are intermediate steps designed to achieve the annual goal.
Performance Criteria

- Within 5 minutes
- 3 out of 4 trials
- 4 times weekly
- For 40% of trials
- 2 times daily
- For 5 consecutive sessions

Evaluation Procedure

- At least 70%
- 7 out of 10 trial periods
- 5 consecutive trial days
- 5 consecutive weeks
- 8 out of 10 trial counts
- With a rate of 80 wpm
Evaluation Schedule

- Daily
- Weekly
- Monthly
- Immediately following instruction
- Following summative assessment
- Every six weeks
The Use of Benchmarks

1. Benchmarks allow for the changing of interventions used without revising the IEP.
2. The focus is always on the goal.
3. Benchmarks create an aim line to monitor student growth.
Why consider benchmarking instead of developing short-term objectives?

- **Short-term Objectives**
  - One overarching target for the year
  - Different short-term objectives (skills) to achieve the goal
  - Skill based
  - Limited flexibility
  - May be better for non-curricular type of goals

- **Benchmarking**
  - Target tracking to successful completion of annual goal
  - STOs are the goal statement but with progressive growth each marking period
  - Concept based
  - Professional flexibility
  - Better alignment to standards
BENCHMARKS

PLA AFP Excerpt: Mark currently reads 40 correct words per minute from the 2nd grade level of DIBELS Next Oral Reading Fluency Passage. Mark needs to improve his word recognition skills.

GOAL: In 36 instructional weeks, Mark will read 90 correct words per minute, as measured by 2nd grade DIBLELS Next Oral Reading Fluency Passages progress monitoring data.

Benchmark 1:
- By the end of the 1st marking period of 2012, Mark will read 50 correct words per minute from a 2nd grade level of the oral reading fluency passages, as measured weekly.

Benchmark 2:
- By the end of the 2nd marking period of 2012, Mark will read 65 correct words per minute from a second grade reading fluency passage, as measured weekly.
PLAAFP Excerpt: When given a written expression district probe at grade level with one minute to plan and three minutes to write, Mary is writing 3 correct writing sequences requiring correct spelling, capitalization, and punctuation. Mary needs to improve her writing skills.

**GOAL:** In 36 instructional weeks, Mary will complete a story starter scored for correct punctuation, spelling, and capitalization with 12 correct writing sequences, as measured by 3 minute writing samples collected on progress monitoring dates.

**Benchmark 1:**
- By the end of the 3rd marking period, Mary will complete the written expression probe scored for correct spelling, capitalization, and punctuation with 5 correct writing sequences per 3 minute sample, as measured weekly.

**Benchmark 2:**
- By the end of the 4th marking period, Mary will complete the written expression probe scored for correct spelling, capitalization, and punctuation with 8 correct writing sequences per 3 minute sample, as measured weekly.
SHORT TERM OBJECTIVES

PLAAFP Excerpt: Steve does not have an appropriate way to let others know of his wants and needs. His teacher reports that he may point and then throw himself down on the floor to get what he wants. Steve needs to acquire functional communication skills across all school settings.

Annual Goal: By Dec. 2012, Steve will use functional communication skills for indicating wants and needs in two different settings, as measured by a teacher observational log.

STO 1:
- Steve will independently use pictures to indicate wants and needs for classroom activities, in 8 of 10 trials, as measured weekly.

STO 2:
- Steve will independently use pictures to indicate wants and needs for unstructured activities in 8 out of 10 trials, as measured weekly.
PLAAFP Excerpt: Casey needs to learn to ask for help when he does not understand a task. He currently will stop working, sit, and wait for an adult to ask him if he needs assistance. He does not initiate asking on his own. Casey also asks questions that are off the topic during a lesson. He asks 5-7 off-task questions per instructional hour as recorded on teacher logs.

Annual Goal: By Jan. 2012, using visual prompt cards, Casey will participate in class by raising his hand and asking topic-related questions 4 out of 5 times per observational occurrence, as measured by a teacher recorded log.

STO 1: Using visual prompt cards, Casey will ask a topic-related question of the teacher during instructional tasks, on 4 out of 5 trial occurrences, as measured weekly by a teacher recorded log.

STO 2: Casey will independently use a visual prompt card to ask for assistance when he does not understand a work task, on 4 out of 5 trial occurrences, as measured weekly by a teacher recorded log.
DOCUMENT, DOCUMENT, DOCUMENT
Reporting Progress

- Status areas completed at the time of the district’s periodic reports with a clear narrative description of the student’s progress

- Must include:
  - the date of the periodic report
  - the progress toward the annual goal linked to the short-term objective/benchmark

- Defines the schedule

- Identifies the responsible position(s)
NATURE OF EFFECTIVE GOALS AND OBJECTIVES/BENCHMARKS

- Ensure students have access to and make progress in the general curriculum.
- Set a challenging, yet realistic annual goal.
- Implement interventions that prove successful by data collection.
- Monitor as often as is needed to be well informed of student’s progress.
CCEE and CCSS Resources

- http://www.youtube.com/embed/XQKKED_VfXY
- http://www.youtube.com/watch?v=wQkTR63D68&feature=youtu.be
- http://www.michigan.gov/mde/0,4615,7-140-22709_28463-18034--,00.html
- http://www.michigan.gov/mde/0,4615,7-140-6530_30334_51042-232021--,00.html
- www.curriculumcrafter.org/default.aspx
You are now ready to construct measurable annual goals!

Please feel free to contact your local special education contact if you need further assistance.